



Smoothies de fruta

FRUIT SMOOTHIES

Com sumo de maçã • With apple juice

Juicy Suspect

Morango e banana
Strawberry and banana

6.00

Golden Verge

Manga, pêra e ananás
Mango, pear and pineapple

6.00

Ponta Ruiva

Framboesa, cereja, manga e maçã
Raspberry, cherry, mango and apple

6.00

Algarvian Twist

Melão, manga e morango
Melon, mango and strawberry

6.00

Berry Feast

Framboesa, amora, ananás e banana
Raspberry, blackberry, pineapple and banana

6.00

Smoothies detox

DETOX SMOOTHIES

Com leite de coco • With coconut milk

Belmar Combo

Açaí, mirtilo, banana e manga
Açaí berry, blueberry, banana and mango

7.00

Ginger Breezer

Gengibre, maçã, espinafre, cenoura e raspas de limão
Ginger, apple, spinach, carrot and lemon peel

7.00

Evergreen Trópico

Brócolos, espinafre, aipo, banana e ananás
Broccoli, spinach, celery, banana and pineapple

7.00

Sangrias e Vinhos

SANGRIAS & WINES

Sangria (1L)

Tinta / Branca / Rosé
Red / White / Rosé

18.00

Vinho • Wine

Tinto / Branco / Rosé
Red / White / Rosé

5.00

Vinho Verde

Vinho Verde, light and fresh Portuguese wine

6.50

Cocktails

Frozen Daiquiri 10.00

Rum Havana Club, sumo de lima e puré de fruta
Havana Club Rum, lime juice and fruit puree

Mojito 11.00

Rum Havana Club, sumo de lima, xarope de açúcar, hortelã e soda

Havana Club Rum, lime juice, sugar syrup, mint and soda

Piña colada 11.00

Rum Havana Club, rum escuro Plantation, cachaça Pindorama, puré de coco, puré de ananás, sumo de ananás e sumo de lima

Havana Club rum, Plantation dark rum, Pindorama cachaça, coconut puree, pineapple puree, pineapple juice and lime juice

Margarita 11.00

Jose Cuervo Tradicional, Cointreau, xarope de agave e sumo de lima

Jose Cuervo Traditional, Cointreau, agave syrup and lime juice

Sex on the beach 11.00

Vodka, licor de pêssego, sumo de laranja e sumo de arando

Vodka, peach liqueur, orange juice and cranberry juice

Caipirinha 10.00

Cachaça, sumo de lima e xarope de açúcar
Cachaça, lime juice and sugar syrup

Ginja Bramble 12.00

Gin, licor de ginja, sumo de limão e xarope de açúcar

Gin, ginja liqueur, lemon juice and sugar syrup

Aperol Spritz 10.00

Prosecco, Aperol e soda
Prosecco, Aperol and soda

Mocktails

Pink Lemonade 7.00

Sprite, sumo de limão, xarope de açúcar e xarope de grenadine

Sprite, lemon juice, sugar syrup and grenadine syrup

Virgin Mojito 7.00

Sumo de lima, xarope de açúcar, hortelã e soda
Lime juice, sugar syrup, mint and soda

Virgin piña colada 7.00

Sumo de ananás, sumo de lima, puré de ananás e puré de côco

Pineapple juice, lime juice, pineapple purée and coconut purée

Shirley Temple 7.00

Ginger ale, sumo de lima e xarope de grenadine
Ginger ale, lime juice and grenadine syrup

Todos os preços estão em €. Informe o nosso staff acerca de alergias / intolerâncias alimentares. Este estabelecimento possui livro de reclamações. IVA incluído à taxa legal em vigor.

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Saladas

SALADS

Salada César Caesar salad

    13.00

Peito de frango grelhado, queijo parmesão, bacon, alface e cebola crocante. Finalizado com croutons e molho César.

Grilled chicken breast, Parmesan cheese, bacon, lettuce, and crispy onions. Finished with croutons and Caesar dressing.

Salada de salmão fumado Smoked salmon salad

   15.00

Salmão fumado, alface, tomate cherry, abacate, pepino, queijo feta e molho vinagrete.

Smoked salmon, lettuce, cherry tomatoes, avocado, cucumber, feta cheese and vinaigrette.

Sandes frescas

FRESH SANDWICHES

Baguete do mar Sea baguette

   10.00

Pão, alface, tomate, pasta de atum e ovo cozido.
Bread, lettuce, tomato, tuna paste and boiled egg.

Baguete de frango Chicken baguette

     10.00

Pão, alface, pasta de frango, queijo fresco e molho pesto.

Bread, lettuce, chicken spread, fresh cheese and pesto.

Baguete serrana Mountain-style baguette

   11.00


Pão, queijo creme de ovelha (Serra da Estrela) e presunto.

Bread, creamy Serra da Estrela sheep's cheese and prosciutto.

Hambúrgueres e Snacks

BURGERS AND SNACKS

Hambúrguer de seitan - Vegan Seitan burger - Vegan

 13.00

Pão de ervas verdes, seitan grelhado, maionese vegan, alface e tomate. Servido com batata frita.

Green herb bun, grilled seitan, vegan mayonnaise, lettuce, and tomato. Served with fries.

Hambúrguer Black Angus Black Angus burger

   19.00

Pão brioche, carne black angus, queijo cheddar, bacon, tomate, alface e mostarda. Servido com batata frita.

Brioche bun, Black Angus beef, cheddar cheese, bacon, tomato, lettuce, and mustard. Served with fries.

Hambúrguer de frango piri-iri Chicken piri-iri burger

 14.00

Hambúrguer de frango grelhado em pão de açafrao com chutney de cebola, tomate, alface e maionese picante. Servido com batata frita.

Saffron bun, grilled chicken breast, cabbage salad, lettuce, and spicy mayonnaise. Served with fries.

Tiras de frango crocantes Crispy chicken strips

    11.00

Tiras de frango panadas, servidas com molho à escolha: piri-iri, teriyaki ou sweet chili.

Breaded chicken strips served with your choice of sauce: piri-iri, teriyaki or sweet chili.

Acompanhamentos

SIDES

Batata frita Potato fries

3.50

Batata doce frita Sweet potato fries

4.00

Pizzas

PIZZAS

Pizza margarita 12.00

Margherita pizza

Tomate, mozzarella e orégãos.
Tomato, mozzarella and oregano.

Pizza portuguesa 14.00

Portuguese pizza

Mozzarella, camarão e chouriço fatiado.
Mozzarella, shrimp and sliced chorizo.

Pizza vegetariana 13.00

Vegetarian pizza

Mozzarella, cogumelos, legumes grelhados e molho pesto.

Mozzarella, mushrooms, grilled vegetables and pesto.

Pizza algarvia 14.00

Algarve-style pizza

Mozzarella, conserva de figos, queijo de cabra, rúcula e amêndoa laminada.

Mozzarella, fig preserve, goat cheese, rocket and flaked almonds.

Sobremesas

DESSERTS

Dueto de fruta 5.00

Fruit duet

Duas frutas frescas da época laminadas.
Two types of fresh seasonal fruit, sliced.

Semi-frio de manga 7.50

Mango semi-freddo

Base de bolacha, natas e manga.
Biscuit base with cream and mango.

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BAR

CAFETARIA E BEBIDAS QUENTES COFFEE AND HOT BEVERAGES

Café expresso • Espresso	2.00
Descafeinado • Decaffeinated espresso	2.20
Café duplo / Abatanado • Double espresso / Black coffee	3.00
Café com leite • White coffee	3.50
Galão • Latte	4.00
Cappuccino	4.00
Chocolate quente • Hot chocolate	3.50
Chá & infusões • Tea & infusions	3.00
• chá verde • chá preto • earl grey • green tea • english breakfast • earl grey	

CAFÉS ESPECIAIS SPECIAL COFFEES

Iced Macchiato	5.00
Café, leite, gelo Coffee, milk, ice	
Coffee Pistachio	7.50
Xarope de pistachio, leite de aveia, monin frappe de café, chantilly Pistachio syrup, oat milk, monin coffee frappe, chantilly	
Asian citrus	7.50
Puré de yuzu, monin frappe non dairy, leite de aveia, chantilly Yuzu puree, monin frappe non-dairy, oat milk, chantilly	
Extras:	
• leite sem lactose • lactose-free milk	+ 0.50
• bebida de soja • soy drink	+ 0.50
• bebida de aveia • oat drink	+ 0.50
• bebida de amêndoa • almond drink	+ 0.50

ÁGUAS MINERAIS MINERAL WATERS

Vitalis (33 cl)	2.50
Vitalis (1,5 l)	4.00

ÁGUAS GASEIFICADAS SPARKLING WATER

Pedras Salgadas (25 cl)	3.00
Pedras Salgadas (100 cl)	5.00

SUMOS DE FRUTA FRUIT JUICES

Sumo Compal (20 cl)	3.00
• maçã • pêsego • ananás • frutos vermelhos • manga • laranja • tomate • apple • peach • pineapple • red berries • mango • orange • tomato	
Sumo de laranja natural • Fresh orange juice (30 cl)	4.50
Limonada caseira • Home made lemonade (30 cl)	4.50
Limão, açúcar, hortelã Lemon, sugar, mint	

REFRIGERANTES SOFT DRINKS

Coca-Cola / Coca-Cola zero / Sprite / Fanta (33 cl)	3.00
Fuze Tea (33 cl)	3.00
• Pêssego • Limão • Peach • Lemon	
Água tônica Fever-Tree • Fever-Tree tonic water (20 cl)	3.50
Ginger Ale (20 cl)	3.00
Ginger Beer (20 cl)	3.00
Red Bull	4.00

CERVEJA • BEER

CERVEJA DE PRESSÃO • DRAUGHT BEER

Super Bock (20 cl)	3.00
Super Bock (50 cl)	5.50

CERVEJA DE GARRAFA • BOTTLED BEER

Corona Extra	5.00
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SIDRA • CIDER

Somersby (33 cl)	4.50
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