



# THE GREEN LOUNGE



## COCKTAILS

### CLÁSSICOS ■ CLASSICS

#### Aperol Spritz

Aperol, espumante, soda  
Aperol, sparkling wine and soda

8.00

#### Margarita

Tequila, Triple Sec, lima e açúcar  
Tequila, Triple Sec, lime and sugar

8.00

#### Cosmopolitan

Vodka, Triple Sec, sumo de arando e lima  
Vodka, Triple Sec, cranberry juice and lime

8.00

#### Old Fashioned

Whiskey, açúcar, angostura e água com gás  
Whiskey, sugar, Angostura and sparkling water

8.00

#### Piña Colada

Rum, Malibu, sumo de ananás e batida de coco  
Rum, Malibu, pineapple juice and coconut cream

8.00

#### Pimm's Nr 1

Pimm's, Sprite, pepino, laranja, limão, hortelã e morango  
Pimm's, Sprite, cucumber, orange, lemon, mint and strawberry

8.00

#### Sex on the Beach

Vodka, licor de pêssego, sumo de laranja e grenadine  
Vodka, peach schnapps, orange juice and grenadine

8.00

#### Collins

Gin, sumo de limão e açúcar  
Gin, lemon juice and sugar

8.00

#### Kir Royal

Espumante e crème de cassis  
Sparkling wine and crème de cassis

8.00

#### Mojito

Rum, açúcar, hortelã e água com gás  
Rum, sugar, mint and sparkling water

8.00

#### Caipirinha

Cachaça, lima e açúcar amarelo  
Cachaça, lime and brown sugar

8.00

#### Daiquiri

Rum, lima e açúcar  
Rum, lime and sugar

8.00

#### Long Island Iced Tea

Rum, vodka, gin, Triple Sec e Coca-Cola  
Rum, vodka, gin, Triple Sec and Coca-Cola

8.00

#### Tequila Sunrise

Tequila, sumo de laranja e grenadine  
Tequila, orange juice and grenadine

8.00

## AS NOSSAS INSPIRAÇÕES ■ PORTUGUESE INSPIRED

### Trindade 9.00

Rum, maracujá, Amarguinha e vinho do porto  
Rum, passion fruit, Amarguinha (almond liqueur) and port wine

### Mula Algarvia 9.00

Medronho, sumo de laranja, sumo de lima e ginger beer  
Medronho, orange juice, lime juice and ginger beer

### Amarguinha Sour 9.00

Amarguinha, limão, açúcar e clara de ovo  
Amarguinha, lemon, sugar and egg yolk

### Caipirinha Algarvia 9.00

Medronho, laranja, lima e açúcar  
Medronho, orange, lime and sugar

### Ginja Bramble 9.00

Gin, ginjinha, limão e açúcar  
Gin, ginjinha (sour cherry liqueur), lemon and sugar

## MOCKTAILS

### SEM ÁLCOOL ■ NON ALCOHOLIC

### Martini Floreale Spritz 6.00

Água tônica  
Tonic water

### Virgin Mojito 6.00

Lima, hortelã e Sprite  
Lime, mint and Sprite

### Albacora 6.00

Sumo de ananás, leite de coco e maracujá  
Pineapple juice, coconut milk and passion fruit

### Shirley Temple 6.00

Soda, limão, ginger ale e grenadine  
Soda, lemon, ginger ale and grenadine

### Green Apple Drink 6.00

Sumo de maçã, xarope de kiwi e xarope de menta  
Apple juice, kiwi syrup and mint syrup

### San Francisco 6.00

Sumo de laranja, sumo de limão, sumo de ananás, sumo de pêssego e grenadine  
Orange juice, lemon juice, pineapple juice, peach juice and grenadine





# SUMOS & SMOOTHIES

## ESTILO SAUDÁVEL ■ THE HEALTHY WAY

Sumo de laranja natural (40 cl) Fresh orange juice	4.50
Limonada caseira (40 cl) Homemade lemonade	4.50
Batido do dia (40 cl) Milkshake of the day	🍷 5.00

## SMOOTHIES DETOX ■ DETOX SMOOTHIES

<b>Evergreen Trópico</b> Brócolos, espinafres, aipo, banana e ananás Broccoli, spinach, celery, banana and pineapple	6.00
<b>Ginger Breezer</b> Gengibre, maçã, espinafres, cenoura e raspas de limão Ginger, apple, spinach, carrot and lemon zest	6.00
<b>Belmar Combo</b> Açaí, mirtilo, banana e manga Açaí, blueberry, banana and mango	6.50

## SMOOTHIES DE FRUTA ■ FRUIT SMOOTHIES

<b>The Juicy Suspect</b> Morango e banana Strawberry and banana	6.00
<b>Algarvian Twist</b> Melão, manga e morango Melon, mango and strawberry	6.00
<b>Golden Verge</b> Manga, pera e ananás Mango, pear and pineapple	6.00
<b>Ponta Ruiva</b> Framboesa, cereja, manga e maçã Raspberry, cherry, mango and apple	6.00
<b>Berry Feast</b> Framboesa, amora, ananás e banana Raspberry, blackberry, pineapple and banana	6.00

# THE GREEN LOUNGE


## SALADAS ■ SALADS

**Salada "The Green Lounge"**    16.00

The Green Lounge salad

Camarão com alho, manga, alface, pepino, coentros e croutons

Garlic prawns, mango, lettuce, cucumber, cilantro and croutons

**Salada César de Frango**    14.00

Chicken Ceasar salad

Peito de frango grelhado, parmesão, bacon, alface, croutons, cebola crocante e molho César

Grilled chicken breast, parmesan, bacon, lettuce, croutons, crispy onion and Ceasar dressing

**Salada de tomate e burrata**    12.00

Tomato and burrata salad

Tomate local, cebola roxa, manjeriço, burrata e vinagreta de pesto

Local tomatoes, red onion, basil, burrata and pesto vinaigrette


## WRAPS

**Wrap de frango**    10.50

Chicken wrap

Peito de frango grelhado, tomate, alface, pepino e maionese de alho

Chargrilled chicken breast, tomato, lettuce, cucumber and garlic mayonnaise

**Bagel de salmão fumado**      11.00

Smoked salmon bagel

Salmão fumado, alface, pepino, aneto e molho tártaro

Smoked salmon, lettuce, cucumber, dill and tartar sauce

**Wrap de falafel e abacate**   10.50

Falafel and avocado wrap

Falafels caseiros, puré de abacate, tomate, couve, pepino e maionese vegan

Homemade falafels, avocado puree, tomato, cabbage, cucumber and vegan mayonnaise

**Batata frita** • French fries  4.00


**Batata-doce frita** • Sweet potato fries  4.00

## ESPECIALIDADES ■ SPECIALTIES

**Bao "nita" bans**    10.50


Cachaço bbq, pepino, beterraba, coentros e molho de iogurte

Pulled bbq pork, cucumber, beetroot, cilantro and yoghurt sauce

**Tuga Tacos**     10.00

Filetes de sardinha, pimentos vermelhos, pepino e coentros

Sardine fillets, red peppers, cucumber and coriander

**Vurger "n" cheese**     11.00

Vegan burger, queijo vegan, alface, tomate, maionese de alho vegan

Vegan burger, cheese vegan, lettuce, tomato, garlic mayonnaise vegan

## TAÇAS DE FRUTA ■ FRUITY BOWLS

**Fruta da época** 4.00

Seasonal fruit

**Smoothie bowl**   9.50

Fruta da época, granola caseira, sementes de chia e amêndoa laminada

Seasonal fruit, homemade granola, chia seeds and sliced almonds

**Açaí bowl**  10.00

Açaí, granola caseira, fruta da época e mel

Açaí, homemade granola, seasonal fruit and honey

## MOLHOS ■ DIPS

• **maionese especial (alho ou chouriço)**    1.00

• **iogurte** • tártaro • **vegan**

• special mayonnaise (garlic or chorizo)

• yoghurt • tartar • vegan